

JEANNE LIEDER

HT: 5'1.5"
WT: 105
EYES: Blue
HAIR: Brown
SUIT: 2P
VOICE: Mezzo-Soprano

TELEVISION

What's Your Workout	Fitness Trainer	NBC-4 WRC TV
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INDUSTRIAL FILM

Council for Court Excellence	Keke (Lead)	Kokkoros Films
Do You Hear What I Mean	Landlord (Lead)	Potomac Pictures
Instructional videos	Lead	JeanneFit
Promotional videos	Lead	JeanneFit
Promotional videos	Lead	Hulala Fitness

PRINT - MODELING

Vicky Hallett Columns	Fitness Model	The Washington Post
Stories of Strength	Fitness Model	Adventist HealthCare

TRAINING & EDUCATION

University of Maryland, College Park MD – Theatre & Dance
Montgomery College, Rockville MD – Dance & Choreography

SPECIAL SKILLS

Teleprompter

Fitness Professional – Personal Trainer, Master Trainer, and Program Designer for programs including: yoga, pilates, kickboxing, cardio dance, barre, hula hoop, resistance training, bootcamp

Hula Hoop Dancer and Choreographer

Corporate Marketing – Website Design, Print and Digital Media, Video Editing, Performances

Sports – Competitive Race Walker and Trail Runner, backyard sports, hiking